WEAK NERVES

THEIR EVER SUSPECTING THE REAL CAUSE OF THEIR TROUBLE-IRON STARVATION

An enormous number of people headaches, pains across the back. Hamburg last week.
disturbed digestion, shortness of breath, palpitation of the heart, a six month's voyage that sounds like general "run-down" condition, melanged the condition of the heart, a six month's voyage that sounds like condition at tale of the condition of the condit choly, bad memory, etc., all as a re-sult of iron starvation of the blood. There are 30,000,000,000,000 red blood corpuscles in your blood and each of the proper amount of good—you do not get the full strength out of it ping Board and as a consequence you become in September, bound for St. Thomas greatly weakened both in body and Rusnes Aires Hamburg and New

mind.

If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of Nuxated Iron three times per day after meals for the started on the first day out.

Captain Lunde and Chief Officer Athere were supported by the started on the first day out.

Captain Lunde and Chief Officer Athere were supported by the started on the first day out.

They did not temporize with troublethree times per day after meals for two weeks. Then test your strength again and see how much you have

over 4.000,000 people annually are using Nuxated Iron. It will not injure the teeth nor disturb the stomach, because it is organic iron like the iron in your blood and like the iron in spinach, leptils, and apples and not metallic iron which people usually take. Your money will be refunded by the manufacturers if you do not obtain satisfactory results. Beware of substitutes. Look for the word "Nuxated" on every package and the leters N. I. on every tablet. Sold by all druggists.

Don't Spoil a Good Meal With a Bad Stomach

ing about what they can eat and what they can't eat. Dyspeptics, they call themselves, but they stretch the imagination when they do it.

All these people need to make them healthy, cheerful and of sound appetite is a box of Mi-O-Na Tablets. The stomach of a dyspeptic is overworked and run down. It needs help to digest the food, but more than that it needs a prescription that will cleanse, renovate, strength-en and put elasticity into the stom-

Mi-O-Na is the prescription that will do this and do it so promptly that you'll wonder why you didn't

It stops belching of gas and distress after eating in five minutes. It is undoubtedly the greatest stomach tonic ever given to the public by a specialist in stomach diseases. Peoples Drug Stores and leading druggists everywhere sell Mi-O-Na on the money back plan.

Ends Catarrh or money back. Just breathe it in. Outfit includes inhaler.

Extra bottles at all druggists.





C. N. Buckland, Agent, 5 Mass. Ave., N. W. Washington, D. C.

Master of Polar Bear Tells of Gun Fights-Engineer Is Stabbed to Death.

NEW YORK, March 8.—United States District Attorney Leroy Ross, of Brooklyn, acting on information contained in an anonymous letter, summoned Capt. George Lunde and Chief Officer Gus Atkinson, of the steamship Polar Bear, now lying in Brie Basin, to appear at his office and explain why certain items of the who ought to be strong, vigorous tity of skins and a consignment of cargo, including a motorboat, a quanand in the prime of life are con-drugs, were not placed on the mani-stantly complaining of weak nerves. [est. The Polar Bear arrived from

mutiny, murder, gun fights on board and controversies in port. Captain Lunde claims the entry of the items if must have iron. Without iron your dispute was deliberately omittee from blood also loses its power to change food into living cells and tisque, and nothing you eat does you in trouble.

The Polar Bear, a 2,600-ton Shipping Board vessel, left Norfolk early Buenos Aires, Hamburg and New York. Nearly all the 44 members of

reached shore leave was denied. Late one night, while the ship was lying at anchor, about twenty bers of the crew, armed with knives, clubs and monkey wrenches, made concerted attack on the quarters of Captain Lunde and Atkinson. The

Two members of the engine-room rew, William Doherty and William Donohue, attempted to go to the assistance of the captain and chief ofcer. Doherty was stabbed to death and Donohue was severely injured,

and stood off the attack.

osing an eye.

Jesus Gonzales and Jose Fonseca, iremen, jumped overboard and swam They were captured later by United States Marines, tried, found guilty of murder and hanged. At Buenos Aires most of the old crew

KNIGHTS OF COLUMBUS TO AID IRISH CAMPAIGN

District Organization Announces It Will Lend Co-operation.

The Knights of Columbus will end their support to the campaign to be conducted by the American Committee for Relief of Ireland, acording to an announcement of State Deputy Maurice J. McAuliffe, The announcement followed the request of Supreme Knight James A. Flaherty that all councils of the Knights of Columbus co-operate with the Ameran Committee

Andrew I. Hickey, chairman of the rganization committee in charge of campaign, stated today that twenty-one of the Washington districts will be ready to start work at the opening of the drive, March 17. Each district has five officers and

Killed Collecting Bill.

Horace Morehouse, eighty-four, a retronomer or the man of affairs. This their motion and for their illumniainjuries sustained while endeavoring the energy upon which the life of the collect a small bill at a home in this city. Saturday afternoon he was gible residual.

that the aged man was pushed or thrown from a house.

home about nine months and from the earth. What does the interior one of whom his wife was granted a divorce heat of the earth do for that region? about a month ago, returned unex- If something should intervene to shut pectedly yesterday. According to the off the sun's energy from the earth police, he attacked his wife and two for one short month the tropics would sons with a revolver and stiletto, then attain to a state of frigidity to which fired a shot into his own head. All were taken tto a hospital served would be a rose garden in

JOSEPH GOLDENBERG 8th STREET AND PENNA. AVE.S.E.

Famous Lloyd . 20% Baby Carriages,



Reduced!

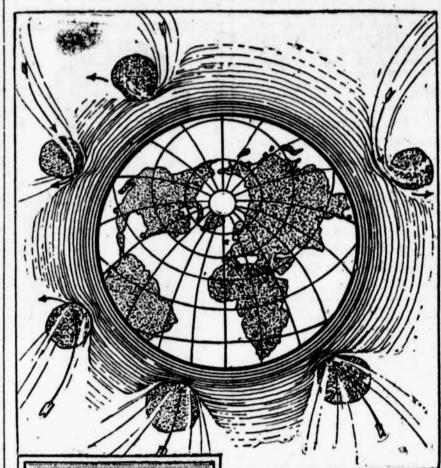
In the pretty pony Pullman style, tubular pushers, comfortable, easyrunning, best springs and upholstery-marked \$37.50 -yours at

ALMOST ONE-THIRD OFF THE GENUINE BLOCH ALL-REED BABY CARRIAGES-Beautiful patterns; finest corduroy upholstering; reversible gear; full roll on hood and carriage; marked \$55-you buy it now\$38.50

STRONGLY-MADE AND SUBSTANTIAL LLOYD PARK STROLLERS—With 3-rib hood and adjustable foot \$14.75

bauFAMOUS BLOCH PARK STROLLERS-With 3-rib hood and reclining back; marked to sell at \$22.50— \$14.75

REPORT OF MUTINY Atmosphere of Earth GIVEN BY CAPTAIN Absorbs Shocks From TO BUY AGED AUTO DRY VOTERS SETTLE Need Phosphate Millions of Meteors Three Girls and Three Boys to Cost of Enforcing Prohibition



Atmosphere is a perfect shock absorber and meteor "stones" in planet's pathway are passed over without a jar or jolt—tremendous horsepower from sun. SOME INTERESTING FACTS BY ASTRONOMER CAMPBELL

Dr. W.W Campbell.

By WILLIAM W. CAMPBELL.

of California.

Written for the International News

MT. HAMILTON, Cal., March 8 .-

The wonders of our sun are many and

most remarkable and are but little

If the sun were a mere shell we

could pour into it more than a million

carths and there would still be the

vacant spaces between the earth

WE USE "COMPRESSED HEAT."

rays evaporate the surface waters

of oceans, lakes, streams and lands;

merely the descent of these waters to the

OUCH! ANOTHER

ADVERTISEMENT.

RHEUMATICTWINGE

Get Busy and Relieve Those Pains

With That Handy Bottle of Sloan's Liniment.

For 39 years Sloan's Liniment has helped thousands the world over. You aren't likely to be an exception. It certainly does produce results.

All druggists-35c, 70c, \$1.40.

The quantity of heat which the

known

balls.

comparison.

comfort and power.

director Lick Observatory, University

If the sun's energy were cut off from the earth for one month the Tropics would attain a state of frigidity.

It is estimated that at midday in the summer solar energy to the extent of 1,000,000 horsepower falls on every 250-acre tract of land in the torrid or temperate zone.

A knowledge of the origin of the sun's heat may provide the key for locking up great quantitles of it in summer for use in winter. The earth encounters tens of

millions of meteoric bodies every twenty-four hours, the atmosphere of the earth acting as a cushion and preventing a continuous bombardment that would make life intolerable on earth without the protection of the atmosphere.

Falling meteoric matter tends to increase the size of the

lower levels that is controlled by sun is radiating into surrounding man and transformed into electric space to the earth, to the planet Mars, power for his own purposes. Those and to all other objects which intercept its rays, is stupendous and not Western cities or read their news-MIDDLETON, N. Y., March 8 .- to be comprehended by either the as- papers at night are indebted for

The earth's share of the solar enfound in an alley dying from severe wounds on the head.

The authorities have placed one man under arrest. It is suspected that it is suspected that it is suspected to store the solution of the earth, but it reaches the earth's surface so slowly that in all practical design of land in the torrid or temperate that the earth share of the solar entering the solution of the solution.

A great quantity of heat is indeed stored up in the interior of the solution of the solution of the solution.

A great quantity of heat is indeed to great to set down in figures. If you should happen to own 250 acres of land in the torrid or temperate tails of life, save to those who labor zone you would be interested to in deep mines or live near volcanoes know that your quota of the solar or are interested in hot springs, this energy near the middle of a summer Shoots Family; Ends Life.

WORCESTER, Mass., March 8.—
Moses Boyauian, fifty, absent from home about nine months and from the earth What does the interior

This is but two-thirds of the sun's good intentions toward you, for some 40 per cent of the solar energy is intercepted by the atmosphere overthe south polar continent as now obying your farm, and turned forthwith to outer space. Your neighbor's tract of 250 acres is also receiving solar energy near noon of his summer The sun's heat grows the farmer's day at the rate of one million horsecrops, the trees of the forest, and all power.

A great problem ahead of the vegetation. The coal deposits upon which we draw today for the runscientific world is the storage of the sun's heat rays for release as needed. Astronomers are seeking intently for ning of trains, ships, factories, and rolling mils are but the solar enthe sources of the sun's outpouring of ergy of an earlier age compressed. energy; how can the sun maintain the supply for tens of millions of ransformed and preserved for our years as it undoubtedly is doing? In the mountainous regions of our One important source has been found land, where water can be stored in the sun's own gravitation, which high-level reservoirs and, passing tries constantly to pull every particle through water wheels at lower levels, be made to generate electric of its material to the sun's centerbut another and possibly greater power for lighting, for heating and source seems to await discovery. A for the running of motors, it is the knowledge of the origin of the sun's sun's energy which is transformed heat may be the key for locking up to meet the needs of man. The sun's great quantities of it on summer days and unlocking it when and where the winds, generated by the unequal solar heating of our atmosphero, transport some of the water vapor to the high mountains, where it is deposited as rain or snow. It is

Stupendous numbers of meteors exist in interstellar space. Their num-ber, even in our own solar system, is incomprehensible. These meteors are solid bodies varying in size from mergains of dust up to others many feet in diameter and weighing tons. The earth, in its annual revolution around the sun, encounters tens of millions of these meteoric bodies every twentyfour hours. The atmosphere of the earth acts as a cushion to break the fall of these bodies, and to consume HAT Sloan's does, it does thoroughly—penetrates without rubbing to the afflicted part and promptly relieves most kinds of external pains and aches. You'll find it clean and non-skin-staining. Keep it handy for sciatica, lumbago, neuralgia, over-exerted muscles, stiff joints, backache, pains, bruises, strains, sprains, bad weather aftereffects.

For 39 years Sloan's Liniment has so-called "shooting stars." Animal except for the protection which the atmosphere affords.

The sun, with its entire planetary system, is moving through the great stellar system at the rate of four undred million miles per year. The other millions of suns in our stellar ystem are also in motion and a study of their motions and distributions is prominent in the astronomical life of

Cranford Verdict Upheld. Justice Stafford, in the Court of f a lower court awarding \$18,000 to the Cranford company in its suit against the District of Columbia for

illeged breach of contract for street

Run Car on Co-operative

BALTIMORE, March 8 .- A operative automobile, to be jointly paid for, owned, driven and enjoyed by three Hopkins students and three Goucher girls is the latest thing at the two North Baltimore institu-

chased today. The idea was born in the Kappa lpha Fraternity House, when King McCubbin announced that he would sell his machine-vintage 1913-for

A sort of co-institutional corpora tion was formed, with a capital of \$75-\$12.50 each from the students. Affter the purchase \$25 will remain for repairs and expenses. After that is gone, the agreement states that each of the six shall contribute 50 cents a week. The machine is the sort that broke

all records back in the year it was he gets one. They are to be signed made. In recent years many things with the voter's name and address besides records have been broken, and returned at a specified time and Still, McCubbin insists that it will place. All unsigned ballots are to be run. He is giving a guarantee that it will run at least one day and that the tires will last until the middle of the summer, especially if the car

The "bus" is to be painted black and blue on one side—representing Hopkins—and blue and gold on the other, for Goucher. It is only a narrow, four-seated affair, and there are six persons to ride. But it is springtime, and all six are young, , when the machine runs, all hands probably will be on board.

Miners' Wages Cut. BERKELEY SPRINGS, W. Va.,

which refine sand for glassmaking purposes have made another cut in ages. The cut varies in the neveral mines. One mine has done away with the usual bonus, and in money the reductions run from 50 cents to

STEAMSHIPS U.S. MAIL COMPANY

QUEENSTOWN (When permitted) -BOULOGNE-LONDON

first Class Only---Laxarious How 16-Knot Ships PANHANDLE STATE: Mar. 15-Ap. 10 OLD NORTH STATE: Mar. 29-May 3

NEW YORK-NAPLES-GENOA: Cabin and 3d Class POCAHONTAS Apr. 7-May 19 PRINCESS MATOIKA: Apr. 21, June 2

NEW YORK-BREMEN-DANZIG

Cabin and 3d Class ANTIGONE Mar., 19-May 7 SUSQUEHANNA Apr. 6-May 21

45 BROADWAY, N. Y.



Teamster's Life Saved

Writes Letter That Is Worth Reading Very Carefully

Peterson's Ointment Co., Inc., Buffalo, N. Y.: "I was afflicted with a very severe sore on my leg for years. I am a teamster. I tried all medifall of these bodies, and to consume nearly all of them before they reach the earth's surface. Rushing through the upper strata of the atmosphere with speed sometimes reaching forty-five miles per second, their friction with the atmosphere heats them almost instantly to the burning and consuming point. We sometimes see the results of the combustion in the so-called "shooting stars." Animal Peterson says: "I am proud of the above letter and have hundreds of others that tell of wonderful cures of Eczema. Piles and Skin Diseases."

Peterson's Ointment is 35 cents a large box at all druggists, and there isn't a broad-minded druggist in America that won't praise it. Mail orders filled by Peterson Ointment Co.. Inc.. Buffalo. N. Y. Peoples Drug Stores and O'Donnell's Drug Stores. Inc.. will supply you.

~at all Drug Stores

Should Be Borne by Them, He Believes.

He Believes.

BOSTON, March 8.—Judge Charles

M. Bruce, of the Malden court, has a rather novel plan for solving the prohibition problem. He declares that there are practically the same number of persons arraigned in this court on charges of drunkenness today as when the saledness today as the saledness today on charges of drunkenness today as when the saloons were wide open. "Attempts to enforce prohibition are a farce," he says, "and are getting us nowhere. I think the following plan

would reduce taxation and eliminate hypocrisy. The several States of the Union should prepare a ballot giving the oter a chance to declare whether he nervous conditions, its use is not advised s in favor of the Eighteenth Amendunless increased weight is desired. ment and the enforcement of the Volstead act. These ballots to be sent to every registered voter after due publication in the press, and every voter not receiving one is to see that

marked 'yes' and every voter failing to vote to be credited with a 'yes.' "The 'yes' votes to be forwarded to the prohibition enforcement commisvoter his pro rata share annually the cost of enforcing prohibition. This is a moral question and morals do not depend on property interests. Also it is based on the proposition 'Them that want pay.'

"Voters not paying such assessment after due notice to be jailed along with common bootleggers until such time as they do, in order that association with the bootleggers may tend to a speedy solution of the present problems."

VISIT PHILADELPHIA NEXT SUNDAY. \$3.50—ROUND TRIP—\$3.50. Special excur-sion. Pennsylvania System. Leaves Wash-ington 7:30 A. M. Tickets on sale Friday.

ADVERTISEMENT.

Says Dr. Kolle

Antique

Furniture Sale at

Sacrifice Prices

Drawers, Secretary Desks, Grandfather Clocks, Lowboys,

Consol Tables, Antique Mahog-

any Chairs and Rockers, Hall

Seat and Mirror, and other pieces

Sale Starts Monday, March 7

The Boston Antique

Furniture and

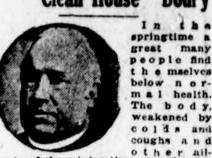
Repair Co.

1785 You St. N. W.

of furniture.

Antique Bureaus, Chests of

ADVERTISEMENT. Spring Is The Time To "Clean House" Bodi'y



The body. weakened by colds and coughs and ent. It would be a godsend if more weak, thin, nervous men and women were aware of the efficacy of Bitro-Phosphate."

Thousands of thin, run-down people whose nervous energy is nearly exhausted are turning to Bitro-Phosphate as dispensed by Peoples Drug Stores and other leading druggists, because it helps to re-vitalize the nerves. increase bodily weight and bring back energy and mental keenness.

CAUTION: Although Bitro-Phosphate an excellent aid in relieving weak, mervous conditions, its use is not advised to the winter time cannot carry out the processes of repair, cannot efficiently "clean house" bodily. In such cases a food medicine and not a drug medicine is a real food medicine. It helps to make richer, more active blood. It invigorates and body cells. This natural food medicine is quickly taken up by the digestive organs and supplies nourishment that is needed by the blood and the nervous conditions, its use is not advised to take in the springtime.

STOP ITCHING ECZEMA Penetrating, Antiseptic Zemo Will Help You

Never mind how often you have tried and failed, you can stop burning, itching eczema quickly by applying Zemo furnished by any drugglat for 35c. Extra large bottle, \$1.00. Healing begins the moment Zemo is applied. In a short time usually every trace of eczema, tetter, pimples, rash, blackheads and similar skin diseases will be removed.

For clearing the skin and making it vigorously healthy, always use Zemo, the penetrating, antiseptic liquid. It is not a greasy salve and it does not stain. When others fail it is the one dependable treatment for skin troubles of all kinds.

In skin troubles, ordinary scaps are irritating and liable to aggravate the condition. Use Zemo scap. It is antiseptic, soothing, and hastens the proo ess of healing, The E. W. Rose Co., Cleveland, O.

Moodward & Lothrop

Open 9:15 A. M. New York-WASHINGTON-Paris

Women's Spring Suits of Fashionable Tricotine and Twill Cord Unusually Low Priced, \$59.50



We placed on sale this morning a collection of Women's High-grade Suit, all entirely new, in stock for the first time, specially bought and specially priced. Exceptionally good values are represented, combining fine quality materials, excellent tailoring and newest style fea-

Some are in tuxedo button effects, bound with flat silk braid; others are trimmed with self strappings, and a few use embroidery; all have dependable silk linings. The careful details of finish-piped buttonholes and pockets, silk arrowheads and crow tacks-distinguish these from the ordinary suits offered at this price.

We illustrate two models.

Strictly Tailored Suits Semi-Tailored Suits **Pony Jacket Suits** Straightline Suits

Women's Suit Section, Third Floor.

Make Your Own Clothes With Ease

The Dressmaking Course of Six Lessons Will Teach You How-Come in and See

Spring and summer is the time of the year when every woman and child requires a great many fresh and attractive dresses and other clothes. If you knew how to make them yourself doubtless your wardrobe would be considerably less expensive to you.

The Woodward & Lothrop Dressmaking Course is planned so that even the amateur can successfully take advantage of it and learn the real fundamentals and the real practical points of dressmaking.

This course is under the personal instruction and individual attention of a thorough New York dressmaker, who will show you how to make your apparel look smart and distinctive and give you just the help your particular case requires. The work moves along with speed and accuracy, and all the time you are gaining in knowledge, accomplishing something worth while on your garment and becoming more and more confident of your ability.

Classes are now being formed. Come to the Dressmaking School Desk. Auditorium, Eighth floor, and make your application. You can get an hour to suit your convenience. Five different classes each day.

Take F Street Elevators to Eighth Floor.